

INFECTION CONTROL 101 FOR CNA'S

PRESENTED BY:

MARK KEPNER-CLOUGH, BSN, RN, WCC

PROCARE CONSULTANT – LEADINGAGE NEW YORK

THANK YOU TO ALL CNA'S OUT THERE!

CNAs are the backbone of every skilled nursing facility!

Without CNAs nurses would not be able to complete their job!

You know more about the residents than anyone else, because you spend the most time with them

WHY IS INFECTION CONTROL SO IMPORTANT?

HELP

- KEEP RESIDENTS SAFE AND HEALTHY

HELP

- HELP KEEP YOU AND YOUR FAMILY SAFE AND HEALTHY

IMPROVE

- IMPROVE THE OVERALL QUALITY OF LIFE FOR YOUR RESIDENTS

DECREASE

- DECREASE THE RISK OF REHOSPITALIZATION/UNNECESSARY MEDICATIONS

WHAT HAPPENS IF INFECTION CONTROL PROTOCOLS AREN'T FOLLOWED?

- RISKS TO RESIDENTS
- RISKS TO VISITORS
- RISKS FOR STAFF
- NURSING HOME RISKS

LET'S GO BACK TO THE BASICS OF INFECTION CONTROL

- THE **NUMBER 1** WAY TO BREAK THE CHAIN OF INFECTION IS HAND HYGIENE
 - WASH HANDS WITH SOAP AND WATER
 - WATERLESS, ALCOHOL-BASED HAND SANITIZER IS AN ALTERNATIVE
- RESPIRATORY ETIQUETTE
 - COVER YOUR COUGH/SNEEZE
 - PERFORM HAND HYGIENE AFTER COUGHING/SNEEZING
 - WEAR MASKS CORRECTLY
- IF YOU ARE UNWELL, STAY HOME



LET'S GO BACK TO THE BASICS OF INFECTION CONTROL

- COVER ANY OPEN WOUNDS
- USE APPROVED CLEANERS IF YOU ARE CLEANING
- APPROPRIATE HANDLING OF LINEN/TRASH
- EDUCATION

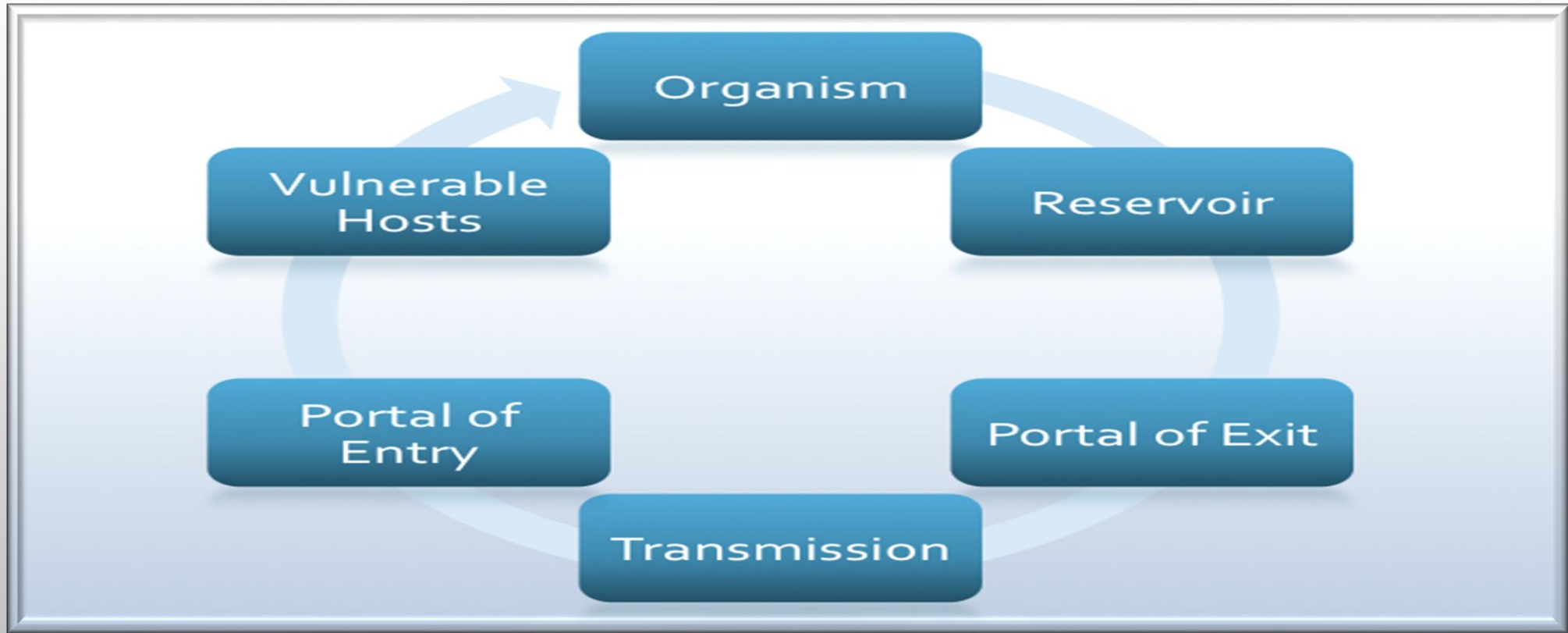
INFECTION CONTROL AND YOUR RESIDENTS

- RESIDENT(S) MAY BE ON TRANSMISSION-BASED PRECAUTIONS
 - ALWAYS CHECK WITH NURSE IF UNSURE
 - APPLY PPE IN CORRECT ORDER
 - REMOVE BEFORE LEAVING RESIDENT ROOM
 - PERFORM HAND HYGIENE AFTER REMOVING PPE
- ALWAYS FOLLOW SIGNS POSTED ON RESIDENT ROOM DOORS/RESIDENT UNITS REGARDING PRECAUTIONS TO BE TAKEN

TYPES OF ISOLATION PRECAUTIONS

- **STANDARD PRECAUTIONS** – ASSUME THAT ANYONE OR ANYTHING HAS THE POTENTIAL TO BE INFECTIOUS – COMMON SENSE.
- **CONTACT PRECAUTIONS** – CONTACT WITH AN INFECTED PERSON OR THEIR IMMEDIATE ENVIRONMENT USUALLY IN CONJUNCTION WITH A ROOM RESTRICTION.
- **ENHANCED BARRIER PRECAUTIONS** – NECESSARY PPE FOR THOSE WHO HAVE OR HAVE HAD MDROS.
- **DROPLET PRECAUTIONS** – RESPIRATORY INFECTIONS WITH POTENTIAL TO EXPAND UP TO 6 FT.
- **AIRBORNE PRECAUTIONS** – GOES IN THE AIR AND STAYS AND CIRCULATES THERE (SPECIFIC PROTOCOLS – NEGATIVE PRESSURE ROOM/N95 RESPIRATOR).

CHAIN OF INFECTION



WAYS YOU CAN HELP PREVENT INFECTION

- KEEP PATIENT AREAS CLEAN.
- EQUIPMENT SUCH AS BEDPANS AND COMMODOES SHOULD BE FREQUENTLY EMPTIED AND STORED IN THEIR PROPER PLACE.
- STORE HYGIENE EQUIPMENT IN THE PROPER LOCATION.
- KEEP PATIENTS CLEAN.
- DON'T TOUCH THE INNER SURFACE OF GLASSES OR PLATES.
- PICK UP EATING UTENSILS BY THE HANDLES.
- KEEP PATIENTS WATER PITCHERS CLEAN AND ALL FOOD COVERED.
- DON'T SHAKE OFF LINENS.

WAYS YOU CAN HELP PREVENT INFECTIONS (CONT)

- DON'T BREATHE INTO PATIENTS FACES.
- WASH HANDS FREQUENTLY
- NEVER PUT SUPPLIES ON THE FLOOR.
- WEAR PROTECTIVE CLOTHING.
- EMPTY DRAINAGE BOTTLES BEFORE THEY BECOME FULL.
- IF YOU HAVE ANY QUESTION REGARDING THE CLEANLINESS OF AN OBJECT, ASSUME THE OBJECT IS UNCLEAN.

INFECTION CONTROL FACTS BEFORE WE GO...

- IN 2021, BETWEEN 2 AND 3 MILLION SENIORS WILL SUFFER A NOSOCOMIAL INFECTION
- THE MOST COMMON CAUSE OF ACUTE CARE ADMISSION/READMISSION FROM A NURSING HOME IS RELATED TO INFECTIONS
- AVOIDABLE/UNNECESSARY HOSPITALIZATIONS IS NOW PART OF THE CMS 5-STAR RATING
- ALL STAFF PLAY A ROLE IN REDUCING INFECTIONS BY ALWAYS BEING MINDFUL OF INFECTION CONTROL MEASURES

FREE QUIZ FOR INFECTION CONTROL (CNAs)

- [CNA INFECTION CONTROL FREE PRACTICE TEST - 2021 \(TOPNURSE.INFO\)](https://www.topnurse.info)

QUESTIONS?

THANK YOU!

MARK KEPNER-CLOUGH, BSN, RN, WCC

Mkepner-clough@leadingagency.org